

# Joslynn's Salon & Cafe

## 90-Day Goal Planner

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*Big five-year dreams get built in 90-day sprints. Fill out one of these every quarter. Keep it somewhere visible — a goal hidden in a drawer is a wish.*

### The Anchor

**Today's date / this sprint ends on**

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**The five-year vision in one sentence**

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**Where I am on the roadmap right now (age + phase)**

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### The Three Goals

*Three is the maximum. If everything is a priority, nothing is.*

**Goal 1**

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**Why it matters to the five-year plan**

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**How I'll measure "done" / weekly action that moves it forward**

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**Goal 2**

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**Why it matters to the five-year plan**

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**How I'll measure "done" / weekly action that moves it forward**

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**Goal 3**

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**Why it matters to the five-year plan**

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**How I'll measure "done" / weekly action that moves it forward**

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## Monthly Check-Ins

Day 30 — date · Goal progress (0–100%): G1 \_\_\_\_ G2 \_\_\_\_ G3 \_\_\_\_

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What's working / what needs to change

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Day 60 — date · Goal progress (0–100%): G1 \_\_\_\_ G2 \_\_\_\_ G3 \_\_\_\_

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What's working / what needs to change

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Day 90 — Sprint review: goals completed \_\_\_\_ of 3 · biggest win

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Biggest lesson · what I'm carrying into the next 90 days

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## Weekly Habit Tracker

*Pick 3 habits that serve the goals. Check off each week you keep them.*

Habit	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	W11	W12	W13

*Joslynn's Salon & Cafe · A five-year dream is just twenty 90-day plans.*